

NAMI Middlesex County
in collaboration with

RUTGERS

University Behavioral Health Care

Intensive Family Support Services of Middlesex County (IFSS)

Family Support Group

- ❖ *An open support group for family members whose loved ones have mental illness*
- ❖ *Co-facilitated by NAMI Middlesex and IFSS staff*
- ❖ *Offered virtually via Zoom*
- ❖ *Join us to share your experiences, learn from others, and get the support you need!*

2023 Schedule (May - August 2023)

Evenings

THURSDAYS (BIWEEKLY GROUPS) – 5:30 PM TO 7:00 PM

May 11th
May 25th
Jun 8th

Jun 22nd
Jul 6th
Jul 20th

Aug 3rd
Aug 17th
Aug 31st

Register in advance for these virtual family support groups:

<https://us02web.zoom.us/join/register/tZluf-Corj0pGtWfQtdOwl-IsHo33dMcIL11>

NEW POLICY: Please arrive on time to the group at 5:30 pm. **We will not be admitting participants into the group after 5:45pm.**

PRIVACY REMINDER: This is a confidential group and information shared in the group is not to be shared outside of the group. **EXCEPTIONS TO CONFIDENTIALITY:** Please note that IFSS staff members may be required to call emergency services if someone is experiencing a medical or psychiatric emergency. In addition, IFSS staff members, as well as all adults in New Jersey, are mandated reporters of child abuse or neglect. If a child (someone under 18 years old) has been abused or neglected, a report will be made to the State Central Registry. As healthcare professionals, if there is reasonable cause to believe that a vulnerable adult is the subject of abuse, neglect or exploitation, then IFSS staff must report that information to the county Adult Protection Services office.

For more information, contact Intensive Family Support Services (IFSS) 732-235-5000 or NAMI of Middlesex County at 732-745-0709.