



National Alliance on Mental Illness

nami Atlantic/Cape May

NAMI CONNECTIONS and FAMILY SUPPORT Groups

When: Monday, May 8th... 7:00-8:30 PM

Where: We Moved...St. Joseph's Catholic Church, 606 Shore Rd, Somers Point

Turn off shore Rd going towards the bay onto Harbor Lane. Parking lots are on both sides of the street. Enter the building from the right-side parking lot thru the double doors. We will have signs outside.

NAMI Connection is a recovery support group for adults (18+) with a mental health condition. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.

NAMI Family Support Group is a support group for adult friends and family members (18+) of people with mental health conditions. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.

UPCOMING MEETINGS:

June 12th-in Person Connection and Family Support Meetings 7:00-8:30 PM

July 10th- in Person Connection and Family Support Group Meetings 7:00-8:30 PM

For more information and to register for all support groups please visit www.namiacm.org or call 609-741-5125. NAMI ACM is a non-profit 501C(3) corporation.