

Recommendations for Books on Suicide Loss

Compiled with resources from the Zero Suicide Listserv

- **After Suicide Loss, Coping with Your Grief (2nd edition)** by *Dr. Jack Jordan and Dr. Bob Baugher*
- **Aftermath: Picking Up the Pieces After a Suicide** by *Roe Gary*
- **Bearing the Unbearable** by *Joanne Cacciatore, PhD*
- **Diary of a Broken Mind** by *Anne Moss Rogers*
- **Emotionally Naked** by *Anne Moss Rogers and Kim O'brien PhD, LICSW*
- **Finding Meaning** by *David Kessler*
- **Goodnight Mr. Vincent Van Gough** by *Lindsey Doolittle*
- **I'll Write Your Name On Every Beach, A Mother's Quest for Comfort, Courage, and Clarity** by *Susan Auerbach*
- **I Understand: Pain, Love, and Healing after Suicide** by *Vonnie Woodrick*
- **If I Could Mend Your Heart** by *Mary Farr*
- **Life After Loss: 31 Questions to Help you Break Free of the Pain of Death and Greif** by *Dr. E. Marcel Jones*
- **Mud Flower: Surviving Schizophrenia and Suicide Through Art** by *Meghan Caughey*
- **My Life After Death** by *Elisa Medhus M.D*
- **Rock On: Mining For Joy in the Deep River of Grief** by *Susan E. Casey*
- **Shared Together: A Mother's Journey from Grief to Belief** by *Cathleen Elle*
- **Shattered Together: A Mother's Journey From Grief to Belief** by *Cathleen Elle*
- **Spirit Son: A Mother's Journey to Reconnect with Her Son After His Death From Heroin Overdose** by *Robin Monson-Dupuis*
- **Still With Us: Voices of Sibling Suicide Loss Survivors** by *Lena M.Q. Heilmann*
- **Surviving the Death of a Sibling: Living Through Grief when an Adult Brother or Sister Dies** by *T. J. Way*
- **The Forgotten Mourners: Sibling Survivors of Suicide** by *Magdaline DeSousa*

- **The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief** by *Francis Weller*
- **The Wilderness of Suicide Grief** by *Alan D. Wolfelt, PhD*
- **Transforming Traumatic Grief: Six Steps to Move from Grief to Peace after the Sudden or Violent Death of a Loved One** by *Courtney M Armstrong LPC*
- **Unfinished Conversations** by *Robert E. Lesoine*
- **When Bad Things Happen to Good People** by *Rabbi K David Levy, LCSW*
- **When it is Darkest** by *Rory O'Connor*
- **Why People Die By Suicide** by *Thomas Joiner*
- **You Won't Always be This Sad** by *Sheree Fitch*