

RESEARCH OPPORTUNITY

NAMI New Jersey (NAMI NJ) is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals.

NAMI NJ does not accept financial compensation for recruiting research participants. NAMI NJ also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI NJ, please email research@naminj.org.

WHAT IS THE STUDY?

Collaborative Support Programs of New Jersey (CSPNJ) is working with the University of Illinois Chicago (UIC) on a study to see whether a class called *Building Financial Wellness* improves people's ability to manage their money and makes them feel more financially secure. There is payment for participants who complete the study.

- There are six (6) one hour and a half (90 minutes) classes on Visual (Video) Zoom
- Classes are one time a week, on Wednesdays, for six (6) weeks
- When classes are over there is a **One Time a Month** check-in for 3 months to help with a financial wellness goal.

Because this is a research study people are randomly selected to take the six (6) classes. People that are not randomly selected to take the classes will only do the three (3) surveys over a six-month period.

WHO CAN PARTICIPATE?

Participants may be eligible for this study if they:

- Are an adult, age 18 or older
- English speaker
- Diagnosed with a mental health condition
- Interested in learning new money management skills & feeling more financially secure
- Willing to complete three paid research interviews totaling \$135

If you join the study, you have a 50/50 chance of either taking the class or getting a gift card.

WHERE IS THE STUDY TAKING PLACE?

Researchers will tell you more, answer your questions, & enroll you in the study if you are interested.

HOW DO I LEARN MORE?

If interested, please contact researcher, Pam Steigman, from the University of Illinois at Chicago, at 312-965-6109.