



National Alliance on Mental Illness

# **nami** Atlantic/Cape May

**WE MOVED TO A NEW LOCATION!**

## **NAMI CONNECTIONS and FAMILY SUPPORT Groups**

**When: Monday, December 12th, 2022**

**Where: St. Joseph's Catholic Church, 606 Shore Rd, Somers Point**

*Turn off Shore Rd going towards the bay onto Harbor Lane. Parking lots are on both sides of the street. Enter the building from the right side parking lot thru the double doors. We will have signs outside.*

**Time: 7:00-8:30 PM**

**FYI: Masks are optional.**

**NAMI Connection** *is a recovery support group for adults (18+) with a mental health condition. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.*

**NAMI Family Support Group** *is a support group for adult friends and family members (18+) of people with mental health conditions. Participants gain the support of peers who understand their experience and gain insight into others' challenges and successes.*

### **UPCOMING MEETINGS:**

**January 9th**-In Person Connection and Family Support Meetings 7:00-8:30 PM

**February 13th<sup>n</sup>**-in Person Connection and Family Support Meetings 7:00-8:30 PM

**For more information and to register for all support groups please visit [www.namiacm.org](http://www.namiacm.org) or call 609-741-5125. NAMI ACM is a non-profit 501C(3) corporation.**