

Mental Health Referral Information Key Contacts

EMERGENCY SERVICES

Rutgers Acute Psychiatric Services

Designated screening center for persons experiencing a psychiatric crisis/emergency, 24/7, 855-515-5700

Raritan Bay Medical Center

Affiliated screening center for persons experiencing a psychiatric crisis/emergency – in the Perth Amboy and Surrounding Area, 24/7, 732-442-3794

CRISIS, HOSPITAL DIVERSION & SUICIDE PREVENTION SERVICES

Rutgers Early Intervention Support Services (EISS)

Outpatient crisis/hospital diversion program for persons at risk of psychiatric crisis (aka mental health urgent care). Walk-ins welcome, 732-235-4422

CSPNJ Wellness Respite Services

Peer-run hospital diversion alternative program providing respite care & outreach services, in a beautiful, supportive, home-like setting, 732-354-4403

NJ Hopeline

NJ's suicide prevention hotline, live 24/7, 855-654-6735

CASE MANAGEMENT & RE-ENTRY SERVICES

Specialized Case Management & Outreach Services (SCMOS)

Flexible case management for individuals not linked to traditional case management programs (can assist w/MH & vets diversion alternatives), 732-235-6183

Traditional Case Management Services (ICMS, PACT, PATH)

Care planning in the community, referrals & linkages, 732-235-6184; PACT, 732-324-8200

Justice Involved Services (JIS/JAG)

Case management program for individuals with mental illness in County jail, 732-235-6184

American Re-Entry Initiative

Assistance & advocacy for formerly-incarcerated/returning citizens, providing re-entry community support and linkages, 732-915-0177

MH Probation

Middlesex: 732-645-4300 x 88412

PEER-RUN SUPPORTS & HELP LINES

Moving Forward Community Wellness Center

Peer-run wellness & recovery center, self-help support and programming, 732-317-2920

COP2COP

Peer-to-peer, 24/7 Helpline for NJ law enforcement officers & families, 866-COP-2COP

Vet2Vet

24/7 peer- to-peer Veteran's Helpline, 866-838-7654

Mom2Mom

24/7 helpline for mothers of children with special needs, 877-914-MOM2 (6662)

Peer Recovery Warm Line

Peer-to-peer warm line, 877-292-5588

NJ Self-Help Group Clearinghouse

To find a support group, visit www.njgoups.org



OUTPATIENT SERVICES

Catholic Charities

732 257-6100 or 646-4255 (Spanish Speaking)

George J. Otlowski Sr. Center for Mental Health Care

732-442-1666

Rutgers University Behavioral Health Care

800-969-5300

Specialized Program for Youth & Young Adults at Risk of Mental Illness 732-235-2868/732-235-8852

Legacy Involuntary Outpatient Commitment (IOC)

609-667-7526

RESIDENTIAL SERVICES

SERV Centers of NJ – Middlesex County 833-226-7378

LEGAL SERVICES

Central Jersey Legal Services 732-324-1613

ADDICTION RECOVERY SERVICES

Blue Cares

Addiction emergency & recovery hotline, 24/7; no insurance needed; 732-596-4199

NJ Addiction Services Hotline

For assistance & referral to treatment, 24/7, 844-276-2777 or 844 REACHNJ

Wellspring Center for Prevention

Information & referral to treatment, 732-254-3344

NJ Peer Recovery

Peer-to-peer help line for individuals with substance use challenges, 833-422-2765

FAMILY SUPPORTS & SERVICES

Intensive Family Support Services

Support, resources & education for families, 732-235-6184

NAMI NJ & NAMI Middlesex

Education, support, multicultural programming, advocacy & public awareness for individuals & families, 732-745-0709

INFORMATION & REFERRAL

NJ Mental Health Cares

Statewide information/referral, 24/7, 866-202-HELP (4357)

ARC of NJ – Criminal Justice Advocacy Program

For alternatives to incarceration for persons with intellectual/developmental disorders, 732-246-2525

Middlesex County Division of Addiction & MH Planning

732-745-4186