RESEARCH OPPORTUNITY

NAMI New Jersey (NAMI NJ) is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals.

NAMI NJ does not accept financial compensation for recruiting research participants. NAMI NJ also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI NJ, please email research@naminj.org.

WHAT IS THE STUDY?

The Rutgers CTE Research Study is currently recruiting students that are undergoing Career and Technical Education (vocational education, trade school programs). The goal of the project is to create a toolkit that will support students undergoing CTE programs that have mental health conditions successfully complete those programs and seek meaningful employment. In order to refine this toolkit, we are looking for qualifying students to test it with.

WHO CAN PARTICIPATE?

Participants may be eligible for this study if they are:

- Enrolled in a post-secondary Career and Technical Education (CTE) program at a county college, VoTech school, or trade school based in New Jersey.
- Have at least two thirds of CTE program left to complete at the time of entering this study.
- Identify as having a mental health condition, such as depression, anxiety disorder, bipolar disorder, etc.

WHERE IS THE STUDY TAKING PLACE?

The students will be paired with a counselor who will support them up to 18 months as they make their way through their CTE program. The study will be a combination of in-person service and virtual contacts depending on the support needed.

HOW DO I LEARN MORE?

If you would like to know more about this study or believe you qualify, please visit https://sites.rutgers.edu/cte-study/, send an email to Dr. Ni Gao at gaoni@sph.rutgers.edu, or call/text 551-226-9643.