

**INTENSIVE FAMILY SUPPORT SERVICES (IFSS) PRESENTS:
FALL 2021 FAMILY PSYCHOEDUCATIONAL WORKSHOP SERIES CURRICULUM**

Week One

Tuesday, October 5, 2021 Introduction and Overview of Series; Coping with a Crisis, Practical Tips and Resources.

Week Two

Tuesday, October 12, 2021: The Biological Basis for Mental Illness, Cultural Issues, and Stigma

Week Three

Tuesday, October 19, 2021: Schizophrenia - Etiology, Symptoms, and Treatment

Week Four

Tuesday, October 26, 2021 Bipolar Disorder, Depression, and other Mental Health Conditions (Anxiety, OCD, Personality Disorders)

Please note that this series will not meet on Tuesday November 2nd in observance of Election Day. We will resume on Tuesday November 9, 2021.

Week Five

Tuesday, November 9, 2021 Impact of Mental Illness on the Family; Understanding the unique roles of each family member:
Parent, Child, Sibling, Spouse, or Significant Other

Week Six

Tuesday, November 16, 2021: Communication Fundamentals: Reflective Listening and Limit Setting

Week Seven

Tuesday, November 23, 2021: NAMI In Our Own Voice:

All sessions begin at 6:30 PM and end at 8:00pm. Groups will be held virtually via Zoom .Please use this link to join any of the series:

<https://us06web.zoom.us/j/87390394426?pwd=cHNGT2ZKbzZxK1BtYzMOaW9ibDRRZz09>

Or Dial by your location +1 929 205 6099 US (New York)

Meeting ID: 873 9039 4426

Passcode: 737430