



## **NAMIWalks NJ *Your Way*:** **A United Day of Hope** **Saturday, October 9, 2021**

NAMI's mission is more crucial than ever these days. Our collective mental health needs are at their greatest. With your help, we will raise sufficient funds to support NAMI's programs and increase awareness of the importance of mental health.

On **Saturday, October 9**, NAMIWalks NJ will once again be a virtual experience. NAMIWalks *Your Way: A United Day of Hope* means what it sounds like: participants can make NAMIWalks their own as Virtual Walkers. **This is an awareness and fundraising event.** When you reach out to your friends, neighbors and co-workers, you raise awareness about mental illness. Your fundraising efforts will help NAMI continue to provide free programs and services to people who live with mental health conditions in our community.

Join us to bring NAMI support to all who need it. The need is there, and the need is great. Be part of the solution. Please donate today!

### **To donate by mail to this year's NAMIWalk:**

**Make your check** payable to "**NAMI of Union County**" and mail to:  
PO Box 724, New Providence, NJ 07974

Please write "Walk" or a Walker's name in the memo line of your check.

### **To donate using a credit card, please visit**

<https://www.namiwalks.org/team/UnionCounty>

However you choose to support this year's NAMIWalks, you will be helping NAMI's dedication to eradicate mental illness and to improve the quality of life for those diagnosed with the illnesses and their families.

**NAMI NEEDS YOUR SUPPORT!! PLEASE DONATE TODAY!**