

**DIANA CORTEZ YANEZ**  
**Lived Experience Consultant**



After being in the behavioral health system for 30 years, as a patient, and having made multiple attempts on her life, Diana experienced a life changing treatment. She is now a national public speaker, advocate in suicide prevention and peer specialist. Her passion is sharing what she has gleaned from her experiences as to what helped and what was not helpful, in order to help save lives.

Diana has had the opportunity to share her story internationally and in many different platforms such as, the White House, Facebook's launch of suicide prevention feature, Canadian Health Magazine, Washington State Behavioral Health brochure, NPR, Indian Health Services, Centerstone, Now Matters Now, Live Through This, Jasper, Zero Suicide, Missouri Suicide Prevention Conference and Natcon 2017. She continues to look for and accept more ways to help in suicide prevention, such as this webinar, for sharing the specific details of her journey.

## **Elise I. Antoine, MSW**

Life Coach, Rip The Stigma Founder, CEO of Legacy In The Making @Rip the Stigma NonProfit Organization, Legacy In the Making



Elise I. Antoine holds a Bachelor and Master's degree in social work and has been a social worker for 16 years. She is a Life Coach and the CEO of Legacy In The Making. Elise is a woman of God, a mental health advocate and the founder of Rip The Stigma which is a nonprofit organization that encourages individuals with mental health challenges to speak up and share their stories. Elise has survived two suicide attempts, sexual abuse, self-mutilation and an eating disorder. Through her life experience her goal is to transform her clients' lives by helping them discover their inner confidence, purpose, and motivate them to build a legacy!