Community Support Services (CSS)

NAMI CONFERENCE HOUSING PRESENTATION

JUNE 19, 2021
Meeting Agenda

- Review of Community Support Services (CSS)

- Housing Resources:
  - MH/OUD Subsidy
  - Sober Housing

- Q & A
  (at the end of presentation)
Wellness & Recovery
(Psychiatric Rehabilitation Philosophy)

- **Supportive partnership** – Individual works together with provider to meet goals
- **Goals Identified and chosen by individual**
  - Related to valued social roles
  - Related to safe and healthy housing environment
- **Goal related assessments** – Individual tells provider what they hope to achieve
- **Goal related skill development** - Skills that individual needs to learn to achieve his/her goals
- **Goal related resources** - Resources (linkage to services and information, etc.) that are needed to achieve the goal(s)
Wellness & Recovery
(Psychiatric Rehabilitation Philosophy)

- **Principles**
  - **Person centered**
    - Services are based on individual’s desires, not the provider’s set of choices
    - Focus is on individual’s strengths
    - **Goal-related skills training** - individual sets goals and collaborates with provider on what skills to learn
    - **Uses natural and peer supports** - individual interacts with family, friends, and peers to assist recovery

- **Values**
  - **Self-determined** - individual decides what services are desired
  - **Recovery-oriented** - Planning is centered on improving health and wellness
  - **Valued social roles** – As tenant, friend, co-worker
  - **Normalized environments** - individual lives and socializes without stigma
  - **Culturally diverse** - individual will receive culturally sensitive services using best practices

Division of Mental Health & Addiction Services
wellness recovery prevention
Service Components of CSS (Provider Services)

- Coordination of Services
- Crisis Intervention
- Comprehensive Rehabilitation Needs Assessment
- Individualized Rehabilitation Plan
- IMR
- Skill Development
Community Support Services (CSS) and Housing

**TYPES OF HOUSING**

- Generic Housing
- AT RISK
- Residential Intensive Support Team (RIST)
- Enhanced Supportive Housing (ESH)
- Medically-Enhanced Supportive Housing (MESH)
- Forensic Support Housing (Justice Involvement, i.e. Megan's Law)
- DD/MI (Developmental Disability and Mental Illness)
- Programs of Assertive Community Treatment (PACT)
Community Support Services (CSS) and Housing

**Type of Substance Use Disorder Subsidy**

- Opioid Use Disorder (OUD) + case management
- Sober Housing (limited slots, Class F DCA)
- WISH (Women, Infants, Supportive Housing (limited slots))
- KFT (Keeping Families Together) DCF
- Oxford Houses (no rental assistance for person)
Community Support Services (CSS)

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Community Support Services (CSS)

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