

# Community Support Services (CSS)



## NAMI CONFERENCE HOUSING PRESENTATION

**JUNE 19, 2021**

**Division of Mental Health & Addiction Services**  
wellnessrecoveryprevention



# Meeting Agenda

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## ❖ Review of Community Support Services (CSS)



## ❖ Housing Resources:

- ✦ MH/LOUD Subsidy
- ✦ Sober Housing

## ❖ Q & A

(at the end of presentation)

# Wellness & Recovery (Psychiatric Rehabilitation Philosophy)

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- ▶ **Supportive partnership** – Individual works together *with* provider to meet goals
- ▶ **Goals Identified and chosen by individual**
  - Related to valued social roles
  - Related to safe and healthy housing environment
- ▶ **Goal related assessments** – Individual tells provider what they hope to achieve
- ▶ **Goal related skill development** - Skills that individual needs to learn to achieve his/her goals
- ▶ **Goal related resources** - Resources (linkage to services and information, etc.) that are needed to achieve the goal(s)

# Wellness & Recovery (Psychiatric Rehabilitation Philosophy)

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## ▶ Principles

### ▶ Person centered

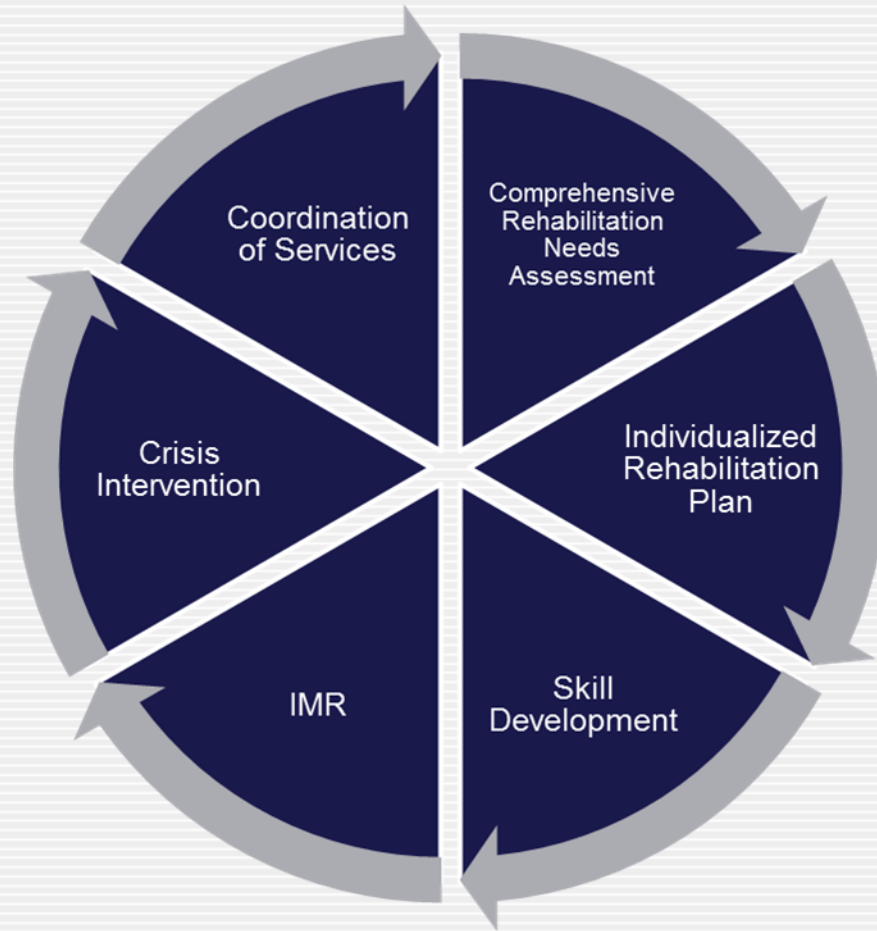
- ❖ Services are based on individual's desires, not the provider's set of choices
- ❖ Focus is on individual's strengths
- ❖ **Goal-related skills training** - individual sets goals and collaborates with provider on what skills to learn
- ❖ **Uses natural and peer supports** - individual interacts with family, friends, and peers to assist recovery

### ▶ Values

- ❖ **Self-determined** - individual decides what services are desired
- ❖ **Recovery-oriented** - Planning is centered on improving health and wellness
- ❖ **Valued social roles** – As tenant, friend, co-worker
- ❖ **Normalized environments** - individual lives and socializes without stigma
- ❖ **Culturally diverse** - individual will receive culturally sensitive services using best practices

# Service Components of CSS (Provider Services)

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# Community Support Services (CSS) and Housing

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## TYPES OF HOUSING

- ❖ Generic Housing
- ❖ AT RISK
- ❖ Residential Intensive Support Team (RIST)
- ❖ Enhanced Supportive Housing (ESH)
- ❖ Medically-Enhanced Supportive Housing (MESH)
- ❖ Forensic Support Housing (Justice Involvement, i.e. Megan's Law)
- ❖ DD/MI (Developmental Disability and Mental Illness)
- ❖ Programs of Assertive Community Treatment (PACT)



# Community Support Services (CSS) and Housing

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## Type of Substance Use Disorder Subsidy

- ❖ Opioid Use Disorder (OUD) + case management
- ❖ Sober Housing (limited slots, Class F DCA)
- ❖ WISH (Women, Infants, Supportive Housing (limited slots)
- ❖ KFT (Keeping Families Together) DCF
- ❖ Oxford Houses (no rental assistance for person)



# Community Support Services (CSS)

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## Contact Us

[DMHAS.Housing@dhs.nj.gov](mailto:DMHAS.Housing@dhs.nj.gov)

Enza Balestrieri, MA

[Enza.Balestrieri@dhs.nj.gov](mailto:Enza.Balestrieri@dhs.nj.gov)

Deb Gravely, MA

[Deb.gravely@dhs.nj.gov](mailto:Deb.gravely@dhs.nj.gov)

Harry Reyes, LPC, LCADC

[Harry.reyes@dhs.nj.gov](mailto:Harry.reyes@dhs.nj.gov)





# Community Support Services (CSS)

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## Contact Us

David Helfand, MS

[David.Helfand@dhs.nj.gov](mailto:David.Helfand@dhs.nj.gov)

Southern Region: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Mercer, Ocean and Salem

Mary Jean Weston, MSW, LCSW

[MaryJeanWeston@dhs.nj.gov](mailto:MaryJeanWeston@dhs.nj.gov)

Central Region: Middlesex and Monmouth

John Verney, MSW

[John.Verney@dhs.nj.gov](mailto:John.Verney@dhs.nj.gov)

Northern Region: Bergen, Essex, Hudson, Hunterdon, Morris, Passaic, Somerset, Sussex, Union and Warren