Lily Huang has been a peer leader with NAMI CAMHOP for over six years. She is the center manager at the Bergen Community Wellness Center in Hackensack, New Jersey. She is a licensed social worker and received her masters from Rutgers University. She has a bachelor's in biology from Brown University.

Tiffany L. Mayers, MSW, LCSW, began her mental health career as an in-home Behavioral Assistant after completing her bachelor’s degree in Psychology (minor in Social Work) at Seton Hall University. She also pursued a career in State Government in Trenton, NJ, and now works at Rutgers University, where she completed her master’s degree in Social Work. Tiffany is also a part-time therapist, focusing on children and families experiencing behavioral mental health challenges.

Ms. Mayers joined NAMI NJ AACT-NOW in 2008, and is now the Central Regional Coordinator, working within the African American community to bring awareness to mental health and eradicate stigma. This passion stems from her personal experience raising a child with a mental health diagnosis where she learned the importance of education, advocacy, having a good support system, and self-care. She is the owner of Mental Health T Enterprises and also has a social media persona, @MentalHealthT, that she uses to continue the conversation about mental health in effort to lessen the stigma on mental illness within various communities, but particularly the Black community.

Anisha Shah Gosain is currently a practicing licensed clinician in the state of New Jersey (LCSW). Her interest to propel a career in the mental health field began at a very young age. Being born in New Delhi, India and growing up in both New Delhi and New Jersey she noticed a lot of indifference and lack of acceptance of the mental health field. The stigma was prominent and she decided to dedicate her career to working towards eradicating the stigma and therefore entered the field of Clinical Social Work. She graduated with her undergraduate degree from Fairleigh
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Dickinson University in 2010 with a BA in Psychology. Then she did her Masters in Social Work from Rutgers and graduated in 2012, with a concentration in clinical social work.

Her passion drives her every day to guide those who are seeking treatment and support and help them thrive as human beings. Also to educate and bring awareness to others in understanding that mental health is as important as physical health. We all need to work together to not punish those who seek help but uplift them for being courageous enough to acknowledge and have the desire to change their lives.

She hopes we have more open and candid conversations about the importance of mental health and working through needs rather than suppressing them. There will be change, there will be upliftment and people will feel safe to seek services.

Mercedes Rosa is the Director of Community Outreach for a statewide social services agency dedicated to providing community access through effective and comprehensive support services for families of at-risk youth and individuals with disabilities. In this capacity, Mercedes coordinates the provision of information, technical assistance and delivers targeted support to families, and professionals to outline system processes and connects them to vital programs and services. She works in tandem with schools and community partners to support the development of youth in their journey as Self Advocates, by facilitating Planning for Adult Life trainings and providing opportunities for them to practice their leadership and enhance their understanding of their rights to participate in decision making across service delivery systems through activism, integration and legislative advocacy. Mercedes serves as a member of the Catalyst Center National Advisory Committee and The Boggs Center's Consumer Advisory Council.