

Online Presentation Trinitas “TRAC” Program
Tuesday April 27th at 7:30pm

Dr. James McCreath, Ph.D., LCSW, is the Vice President of Behavioral Health/Psychiatry at Trinitas Regional Medical Center in Elizabeth. Dr. McCreath will introduce a new Trinitas program called TRAC to benefit people who need community support services to complement their mental health medical treatment.

The TRAC Program (Transitions Requiring Active Coordination) is to provide extensive guidance and support to obtain and maintain housing, transportation, Medicaid, social services, etc. for individuals who have had an acute psychiatric crisis and are in need of help in these areas, to help stabilize them in the community and reduce hospitalizations.

Please join us and find out how TRAC and other Trinitas programs could benefit your loved one. Q & A to follow.

Don't miss this opportunity for information sharing with others who have a common interest: improving quality of life for themselves and their loved ones as we deal with mental illness.

Register: <https://us02web.zoom.us/meeting/register/tZUrfuqvz4pGdyuAjsMDF1SWeOq0EDE-UX->
Please note that the meeting will begin at 7:30pm.

Are you feeling stressed and alone in trying to cope with a loved one's mental illness? [NAMI 2021 Meetings Can Help!](#)

Join our peer-led group meetings and gain insight from others facing the same challenges.

To register, please email Denise at namiunioncounty@yahoo.com
Kindly include your name, town, and phone number. She will provide the link to the meeting.

Our next support group will be held on Tuesday April 20th from 7PM – 8:30pm.

Questions? Contact Us

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