

FOR IMMEDIATE RELEASE

For additional information

Contact: Maggie Luo

Associate Director of Development & Communications

Phone: (732) 940-0991 ext.109

Email: mluo@naminj.org

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Multicultural Conversations and Mental Health Awareness

North Brunswick, NJ --- The National Alliance on Mental Illness of New Jersey (NAMI NJ) proudly announces their 2021 webinar series, [NAMI NJ Multicultural Conversations](#).

[NAMI NJ Multicultural Conversations](#), sponsored by generous support from Amerigroup, will bring together experts and community members from diverse cultures to have meaningful dialogues on a wide array of topics.

“For close to two decades, NAMI NJ has demonstrated its commitment to providing services to our families in a way that both respects and supports their culture,” said Meredith Masin Blount, Executive Director of NAMI NJ. “Culture, identity and language impact everything in our lives, including the treatments and interventions that we look to when dealing with a mental illness. NAMI NJ is proud and grateful to partner with Amerigroup on the *Multicultural Conversation* webinar series. This webinar series will engage the larger community to learn how culture affects people’s approaches to mental illness; with the ultimate goal of recovery for the individual and support for the family.”

Facilitated by NAMI NJ’s four multicultural outreach programs: African American (African American Community Together NOW, or AACT-NOW), Hispanic/Latinx (NAMI NJ en Español), South Asian (South Asian Mental Health Awareness in Jersey, or SAMHAJ) and Chinese American (Chinese American Mental Health Outreach Program in New Jersey, or CAMHOP); the webinar series will run over several months - via live webinars and on YouTube.

“For 20 years, Amerigroup has been committed to improving the lives and health of everyone in the New Jersey communities we support,” said Teresa Hursey, Amerigroup New Jersey Medicaid Plan President. “Through strategic partnerships with organizations like NAMI NJ, we are actively addressing social determinants of health

and providing meaningful resources dedicated to addressing racial inequalities and health disparities that adversely impact diverse communities.”

Topics that will be covered include unique barriers to mental health care, and community resources to improve access to care.

To learn more about the webinar series, visit: www.naminj.org/webinars

To register, click [here](#).