

Laverne Williams, CSW is the Director of the P.E.W.S. (Promoting Emotional Wellness and Spirituality) Program for the Mental Health Association in New Jersey. Ms. Williams is a certified Social Worker, WRAP (Wellness & Recovery Action Plan) Facilitator, Mental Health First Aid Instructor, Certified Grief Recovery Specialist, “Buried in Treasures” Workshop Facilitator and the owner/operator of Laverne Williams Enterprise, LLC a consulting firm which provides individually designed health and wellness workshops.



With over 36+ years of experience in mental health service, Ms. Williams is a highly sought-after conference keynote and workshop facilitator. Her efforts to influence change in how communities, especially communities of color, view and treat mental illness have been presented to numerous statewide and local agencies, consumer organizations and family member groups.

As an advocate on behalf of persons with mental illness, and a Deacon at her church, Ms. Williams diligently develops partnerships between faith-based communities and the behavioral health institutions.

Her manuscript titled “Implementing a Mental Health Ministry Committee in Faith-Based Organizations: The Promoting Emotional Wellness and Spirituality Program” was published in the “Social Work in Health Care” journal. Most recently Ms. Williams is quoted in the April 2017 #1 best-selling book “Option B – Facing Adversity, Building Resilience, and Finding Joy” by Sheryl Sandberg and Adam Grant.