

Hiding

By: Caitlin C. Regan

Hiding each and every day,

Hiding myself away.

Very few understand,

Understand the truth of who I am.

The few I've allowed to know

Help me keep my secret self, hidden away.

Still the facade I put on,

Each and every day

Eats away.

Eats away at my true self.

I yearn for the day,

The day I can truly be me.

What will that take?

Stigma must be free

And minds must be open.

I believe that can come to be.

One day I will be free!