Peer Support!!
Fun Activities!!

Bowling,
Games,
Movies,
Parties,
Trips,

Come Hang With

Young Adult Society

A social group for young adults ages 21-35 with mental health concerns

Young Adult Society is a lot more than having fun.

It is friendship and camaraderie.

It is having a place to be yourself.

Sponsored by
AACT-NOW
African American Community Together NOW

Affiliated With
NAMI Burlington County NJ
For Program Information Contact Winifred at 609-265-0746
SJSocietyofadults@gmail.com
**Young Adult Society**

*Young Adult Society* is a social group that offers recreational activities to young adults who have mental health issues. This group evolved to provide opportunities for social interaction. Activities which are selected by its members include movies, picnics, pizza parties, theatrical and sports events, etc. The activities of this group are recreational, but beyond that Young Adult Society is a place where you will find acceptance and friendship.

Most of the time, a member is responsible for paying for his or her own costs. **However, some of the activities will be free.**

Transportation will be provided by the participants and their families.

The name of the group was selected by its participants. It is their way of saying to everyone, “We are people just like everyone else who wants to have a good time.”

We welcome you to **Young Adult Society.** All young adults ages 21 to 35 can join.

We welcome you to become a member of NAMI (National Alliance on Mental Illness), NAMI NJ, and a local affiliate with one membership fee. Visit www.nami.org for information on how to become a member.

*Join in our activities.*

*You will find in our group friendship and enjoyment.*

---

**Application Form**

**Name:** ______________________

**Address:** ______________________

**Phone:** ______________________

**Email:** ______________________

**Birth Date:** _________________

List things you enjoy doing:

- ______________________
- ______________________
- ______________________
- ______________________

---

**Mail Form To:**

NAMI New Jersey
1562 Route 130
North Brunswick, NJ 08902
Phone: 732-940-0991
Fax: 732-940-0355