

SUPPORT GROUPS

A program of NAMI NJ en ESPAÑOL in collaboration with
The Family Success Center, at PRAB

NAMI NJ en ESPAÑOL in collaboration with Harmony Family Success Center invites you to our self-help support groups in Spanish for the Latino families in New Brunswick and surrounding areas.

These support groups will provide educational workshops on mayor emotional disorders, referrals and a place to find support and understanding. Topics such as: Depression, Bipolar Disorder, Stress, Anxiety, ADHD and others will be discussed.

We invite the Latino community to come, and learn. **!Knowledge will help you, and your loved one!**

NAMI NJ, "The National Alliance on Mental Illness of New Jersey" is a non-profit organization dedicated to improving the lives of individuals and families affected by mental illness.



**REMEMBER:
"YOU ARE NOT ALONE"**

For more information please call
NAMI NJ en Español
732-940-0991 or
e-mail nbarreiro@naminj.org



PLACE:

Harmony Family Success Center

255 Livingston Ave. New Brunswick, NJ 08901
P. 732-640-0801

WHEN:

On the third Friday of every month. Suggest calling in advance in case of inclement weather or changes.

TIME:

11:00 am – 12:30 pm

Light lunch will be provided.



NAMI New Jersey en Español
National Alliance on Mental Illness
Alianza Nacional sobre las Enfermedades Mentales
Un programa de NAMI New Jersey

