



National Alliance on Mental Illness

# **NAMI** | Camden County

## **NAMI Camden News/Dates/Announcements, MARCH 2020\***

### **March Family Support Meetings:**

**1st Thursday: March 5, 2020** – 6:30 to 8pm -- family support meeting at the Voorhees Camden County Library, 203 Laurel Road, 3rd floor.

**2nd Tuesday: March 10, 2020** – 6:30 to 8pm -- Oaks Integrated Care, Cherry Hill, 1409 N Kings Highway, first floor training room.

At 6:00pm, before the support meeting, Janice Campbell of the Tri-State Canine Response team will “vest” a dog that our NAMI Camden affiliate is sponsoring. You are invited to come early, at 6:00pm, to meet our dog and to view the ceremony.

\* For additional information or questions about NAMI Camden, please contact:

Rosemary 856 424-4725, or Felix 856 383-8071, or e-mail us: [namiccinj@aol.com](mailto:namiccinj@aol.com). \*



# NAMI Basics



National Alliance on Mental Illness

NAMI Basics is a free education course for parents and other family caregivers of children and adolescents living with mental illness. This course is taught by trained teachers who are also parents/caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years.

• **What People are saying about NAMI Basics**

*“The course is inclusive of almost all aspects of family and child and resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward.”*

*“This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all.”*

This course includes an overview of the diagnostic process: types and subtypes of major mental illnesses that can develop in childhood and adolescence: ADHD, Oppositional Defiant Disorder, Compulsive Disorder, Anxiety Disorders, Mood Disorder, Depressive Disorders, Bipolar Disorder, Schizophrenia, Obsessive Compulsive Disorder and Substance Use Disorders.

**Six Week Course, every Monday Night:  
March 16 through April 20, 2020  
6:15-8:30 pm**

Light refreshments and coffee will be provided, as well as child-care for ages 12 and under.

**Limited Space Available. Call to Register for class and child-care:  
Sandy Wilson 856-662-2600 ext 204 or  
Email: [sandy.wilson@camdenfso.org](mailto:sandy.wilson@camdenfso.org)**

Classes will be held at:

Camden County Family Support Organization  
23 West Park Avenue Suites 103-104  
Merchantville, NJ 08109

