NAMI Greater Bergen is a NAMI Affiliate of the National Alliance on Mental Illness.

NAMI is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental health issues. NAMI advocates for access to services, treatment, support, and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

Through support, education, and advocacy throughout the Bergen County area, NAMI Greater Bergen aids individuals and families affected by mental health issues. We have proudly served in the Bergen County area for over 35 years and as NAMI Greater Bergen since 2018.

MEMBERSHIP APPLICATION
Join NAMI Greater Bergen

When you join now, you become a member of NAMI Greater Bergen, NAMI New Jersey and the national NAMI organization.

Two ways to join or renew:

Mail this form to: NAMI Greater Bergen, 304 Valley Blvd, Wood-Ridge, NJ 07075

Go to: https://www.nami.org/Get-Involved/Join

Be sure to mark “NAMI Greater Bergen” as your local affiliate during sign up!

Yes, I want to: (please check one)

___ Join NAMI
___ Renew membership for one year

Dues
___ $40 Regular Membership
___ $60 Household Membership
___ $5 Open Door (for low income)

(optional)

I would like to make an additional donation of $______ to:

___ NAMI Programs and Operations ___ Scholarship Fund

Primary Member Last Name: _________________________________

Primary Member First Name: _________________________________

Address: _________________________________

City, State, Zip: _________________________________

Phone: _________________________________

Email: _________________________________

Payment Information

___ Check (Payable to “NAMI Greater Bergen”)
___ Cash Enclosed

To pay by Credit Card, please join online at www.nami.org/Get-Involved/Join

Select “NAMI Greater Bergen” as your local affiliate during sign up!
NAMI Signature Programs

NAMI Family-to-Family

NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people coping with mental health issues. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.

NAMI Family-to-Family is taught by NAMI-trained family members who have been there, and includes presentations, discussion and interactive exercises.

Email namibergennj@gmail.com to receive information about upcoming spring or fall sessions. Space is limited and advance registration is required. Other adult family members may take the course with you.

NAMI Connection

NAMI Connection Recovery Support Group is a free, peer-led support group for adults coping with mental health issues. You will gain insight from hearing the challenges and successes of others, and the groups are led by NAMI-trained facilitators who have been there.

NAMI's Support Groups are unique because they follow a structured model to ensure you and others in the group have an opportunity to be heard and to get what you need. The groups meet on a bi-weekly, weekly or monthly basis.

Meetings on 4th Thursday of every month
7:30 – 9:00 PM
CarePlus Mental Health Center
610 Valley Health Plaza (Community Room)
Paramus, NJ 07652
Please call (201) 646-0333 before your first attendance.

Meetings on 2nd Monday of every month
7:30 – 9:00 PM
Church of the Presentation
271 W Saddle River Rd
Upper Saddle River, NJ
Please call (201) 785-9076 before your first attendance.

Other Programs and Services We Offer

Family Support
Caregiver support groups for family members who are 18+ years old, provided by partnership with IFSS (Intensive Family Support Services).

Weekly on Thursday evenings
7:00 -9:00 pm
CarePlus Mental Health Center
610 Valley Health Plaza (Conference Room)
Paramus, NJ 07652
Contact the IFSS of Bergen County office at (201) 646-0333 before your first attendance.

Meet the Professional
Monthly educational speaker forum is open to the public.

Bergen New Bridge Medical Center (Auditorium)
230 E Ridgewood Ave, Paramus, NJ 07652
Email namibergennj@gmail.com to receive information.
Forums are held in October, November, January, February, March, April, and May. Please watch for our email announcements.

Questions about our programs?
Find out more on our website: www.namigreaterbergen.org
or call (201) 935-6264