

NAMI of Middlesex county Presents:

# Young Adult Social Club



- Since 2011, the Young Adult Social Club has carried out its mission to build lasting friendships. Young adults with emotional or behavioral challenges are welcome to join!
- Our meetings are USUALLY from 1 - 3:30 pm on the 2nd and 4th Sunday of each month in Middlesex County.
- Our events include bowling, mini-golf, trips to the mall, a restaurant, or a park, or just hanging out at Rutgers. Most events are cost free!
- Contact YASC through: Sam Hartman at (732) 567-0073 / hartman.sam@gmail.com  
Laurie Clancy at (732) 822-7832 / lcl39@comcast.net
- Learn more at: [namiofmiddlesex.org/programs](http://namiofmiddlesex.org/programs)