



## **FACT SHEET**

### **Crisis Intervention Services – Hudson County**

Located at 152 Central Avenue, Jersey City, NJ 07306

Phone: (201) 885-2539 Fax: (201)-885-2546

We are also available by phone after hours at 201-885-2539.

Bridgeway Crisis Intervention Services (BCIS) provides crisis intervention and support to Hudson County residents age 18 and older who are experiencing a mental health crisis or a worsening of a pre-existing mental health disorder. The goal is to help people in crisis gain control of their symptoms and remain in the community as an alternative to going to the emergency room.

BCIS promotes integration of mental health and addictions through a three-step process. First, the multidisciplinary team comprehensively assesses all enrollees for their mental health needs and co-occurring needs. Second, the team provides clinical services and medication management as needed as part of the brief crisis stabilization that takes place with all individuals. Lastly, BCIS partners with mental health outpatient centers and community based agencies in Hudson County and outside the county if needed to ensure that rapid referral and linkages take place and that treatment continues successfully after discharge from BCIS.

#### **Services Include:**

- crisis stabilization
- individual therapy
- treatment planning
- illness management
- group therapy
- linkages and referrals for after-care
- evaluation for medication and medication management
- bi-lingual Spanish staff and use of the cyracom language line so those speaking any language at all can be seen for services

A team of Licensed Clinicians, Psychiatric Advance Practice Nurses, a Wellness Specialist and a Psychiatrist are available to assist individuals during this challenging time. Psychiatric evaluations and medication are available when determined appropriate. The time period for services varies based on the individual. For some, one or two visits are sufficient, while for others the maximum enrollment period of 30 days is beneficial. Services are provided on-site.

Referrals are accepted by phone as well as walk-ins during hours of operation which are Monday-Friday from 9am-8pm and Saturday and Sunday from 10am -6pm. We are also available by phone after hours at: 201-885-2539.

Bridgeway Crisis Intervention Services accepts many third-party insurance coverages, Medicare and Medicaid. We also provide assistance for those who have financial difficulties.