Professional Counseling & Supervision
Services, LLC
PhD, LPC, Board Certified NCC, ACS
145 Witherspoon St. Suite A7
Princeton NJ 08540
609-433-6774
Out of network
Hin, Tam
limited Pun, Ur, Ben,
German
Yes
Adults, CBT, DBT-informed, LGBTQ,
chronic mental health issues, life
transitions, relationships,
intergenerational conflict,
acculturation, stress, bereavement,
wellness and holistic health
Tues/Wed flexible timing, occasional
Saturdays as needed

Hin, some
regional
languages
Yes
Provides mental health and substance
abuse counseling to all age groups to
individuals and families
Saturday 9-2 early afternoon 3-5 week
days. No Sundays. Skype/telephone
options available

258 Newark St Suite 205
Hoboken NJ 07078
917-310-5707
Aetna
Hin
No
Couples Therapy, Behavioral Issues
with children and Family Therapy.
Saturday mornings. Weekdays until 5
pm.

Wadhwani, Sudha Psy.D
94 Valley Road
Montclair NJ 07043
973-947-8995
None
Hin, Si
Yes
SA Adult & Families, Communication
Issues in South Asian Families due to
Aculturation
Friday Mornings, Tuesday/Thursday and
Sun evenings

National Healthcare Agencies
Please call to confirm the availability of South Asian providers

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Town</th>
<th>State</th>
<th>Zip code</th>
<th>Phone#</th>
<th>Carrier Clinic</th>
<th>Abbreviations</th>
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<tbody>
<tr>
<td>Carrier Clinic</td>
<td>252 Co Rd 601</td>
<td>Bellemead</td>
<td>NJ</td>
<td>08502</td>
<td>908-281-1377</td>
<td>Mcaid-Medicaid,Ae-Aetna</td>
<td>Ta-Tamil, Ko-Konkani</td>
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<td>Helping Hand Behavioral Health</td>
<td>318 S. Pitney Rd</td>
<td>Galloway</td>
<td>NJ</td>
<td>08205</td>
<td>609-383-8668 ext 110</td>
<td>BCBS-BlueCross BlueShield</td>
<td>Be-Bengali, Si-Sindhi</td>
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<td>Helping Hand Behavioral Health</td>
<td>25 Pop Kramer Blvd</td>
<td>Clayton</td>
<td>NJ</td>
<td>08312</td>
<td>856-881-9000</td>
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<td>Princeton House</td>
<td>1460 Livingston Ave</td>
<td>North Brunswick</td>
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<td>08902</td>
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<td>Hu-Humana,Qu-Qualcare</td>
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<td>NJ</td>
<td>08540</td>
<td>609-497-3300</td>
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<td>Gu -Gujarati, Hin- Hindi</td>
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<tr>
<td>Princeton House</td>
<td>300 Clocktower Dr</td>
<td>Hamilton</td>
<td>NJ</td>
<td>08690</td>
<td>(609) 688-2788</td>
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<td>Ma -Marathi, Sp - Spanish</td>
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<td>Penn Medicine Princeton House Behavioral Health</td>
<td>351 New Albany Rd</td>
<td>Moorestown</td>
<td>NJ</td>
<td>08057</td>
<td>856-779-2300</td>
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<td>4122 County Rd 516</td>
<td>Matawan</td>
<td>NJ</td>
<td>07747</td>
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<td>500 Park Ave</td>
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<td>UBHC</td>
<td>671 Hose Lane W</td>
<td>Piscataway</td>
<td>NJ</td>
<td>08854</td>
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<td>Rutgers UBHC</td>
<td>4236 US-1</td>
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<td>08852</td>
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<tr>
<td>UBHC</td>
<td>303 George St</td>
<td>New Brunswick</td>
<td>NJ</td>
<td>08901</td>
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<td>UBHC</td>
<td>100 Metroplex Drive Ste 201</td>
<td>Edison</td>
<td>NJ</td>
<td>08817</td>
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<td>UCPC</td>
<td>117 Roosevelt Ave.</td>
<td>Plainfield</td>
<td>NJ</td>
<td>07060</td>
<td>908-756-6870</td>
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</table>

Staffing Support Services (SSS)
Staffing Support Services (SSS) is a member of Intensive Family Support Services (IFSS)

Family Support Organizations (FSO)
The Family Support Organizations (FSO) network includes internal and community members providing services to children with special needs and their families.

IFSS website: www.intensivefamilysupport.org
FSO website: www.newjerseyfamilies.org

For a full listing of available Mental Health Services, please visit the Department of Human Services' website:
http://www.state.nj.us/dcf/families/csc/mobile/

For county based Adult crisis numbers please click here:
http://www.nj.gov/humanservices/dmhs/services/centers/

Mobile Response and Stabilization Services (Children): 1-877-652-7624