

NAMI NJ Dara Axelrod Expressive Arts 2018 Mental Health Poetry Contest - 3rd Place

Symphony

By Maria del Carmen Rodriguez

(Dedicated to my mother)

Winter, majestic power of naked trees and silent nature,
Spring, air crisp as an arrow, lifting me as a sparrow,
Summer, disguised as gentle sweetness of ever shining sunny days,
Fall, many dancing, vibrant colors, leaving me breathless,
Life is a mysterious hoop, always flowing, never still.