

Are you feeling stressed and alone in trying to cope with the effects of a loved one's mental illness?



and gain insight from others facing similar challenges.

NAMI Union County Family Support Group Meetings

First Presbyterian Church of Cranford, 11 Springfield Avenue, Cranford, NJ

Time: 7:30 PM – 9:00 PM / Date: 3rd Tuesday of every month

In case of inclement weather, please call:

908. 233.1628 or email namiunioncounty@yahoo.com

2018 Dates:

January 16

February 20

March 20

April 17

May 15

June 19

July 17

August 21

September 18

October 16

November 20

December 18

