

Thanks

By Sneha Bolisetty

When I couldn't breathe
Because sadness was a heavy weight sitting on my chest,
You moved it over to sit next to me instead.
When I thought monsters were coming after me
In all of my darkness,
You were the one to turn on the light
And scare the monsters away.
When I couldn't sit still
Because I was so anxious I started to cry,
You went for a walk with me
And held my hand.
When I couldn't get out of bed
Because my bones were heavy
You made me feel weightless
And danced until I smiled.
When I cut all my connections
Because I stopped caring
You taped and locked and glued ours together
So scissors couldn't get through.
Sometimes I can't say thank you, and I'm sorry, it's the just the way I am.
I'm a hill and valley, I'm an up and down, and I'm a contradiction,
But you don't see me as a combination of statements
Opposed to one another,
Because although I may think of myself as just a statement,
You see me as a whole,
A sentence with clauses and phrases,
Verbs and nouns,
And I just wanted to thank you
For seeing me as a person when I can't do that myself