

Caring for the Caregiver

A Forum for Families and Friends Caring for Individuals Affected by Mental Illness

Saturday, April 9, 2016

10:00 AM - 3:50 PM

RWJ Fitness & Wellness/Conference Center in Hamilton
3100 Quakerbridge Rd, Hamilton Township, NJ

Sponsored by NAMI NJ with support from MyHealios

“Caring for the Caregiver” Agenda

- 10:00 a.m. Registration/Continental Breakfast/Resource Exhibits
- 10:45 a.m. Welcome: Sylvia Axelrod, Executive Director
Relaxation Exercise: Susan Gould-Fogerite, PhD
- 11:00 a.m. Keynote: Robin Eubanks, PhD, Professional Presenter
“Caring for the Caregiver: Understanding the Caregivers’ Journey”
- 12:30 p.m. Buffet Lunch and Networking: Resource Exhibits
- 1:15 p.m. Panel: “Professional Perspectives on Supporting Family Caregivers”
Moderator: Dale Ofei-Ayisi, MA, LCSW, Comprehensive Services on Aging (COPSA), Rutgers UBHC, NAMI NJ Trustee
- Susan Gould-Fogerite, PhD, Rutgers University School of Health Related Professions
 - Parantap Pandya, MA, Family Support Specialist Intensive Family Support Services (IFSS Union County)
 - Evelyn Liebman, Associate Director for Advocacy, AARP NJ
- 2:00 p.m. Break: Resource Exhibits
- 2:15 p.m. Panel: “From the Eyes of Family Caregivers”
Moderator: Donna Williams, NAMI NJ Family Support Facilitator
- Pamela Garanger, Family-to-Family Educator
 - Ann Clark, Intensive Family Support Services Participant
 - Grace Travinsky, Family-to-Family Educator & MyHealios participant
- 3:00 p.m. Questions, Answers and Sharing Experiences
- 3:30 p.m. Closing Meditation Led by Vikas Chawla
- 3:50 p.m. Adjournment

A SPECIAL THANKS!

EVENT SUPPORTER



EXHIBITORS

[Located in the Atrium]

MyHealios

Summit Oaks Hospital

Ocean Mental Health

Planned Lifetime Assistance Network of New Jersey, Inc.

Community Hope, Inc.

Intensive Family Support Services

AARP – New Jersey

Disability Rights New Jersey

Center for Wellness

CSPNJ Respite – Middlesex, Passaic

Rutgers University School of Health Related Professions

NAMI New Jersey Resources

[Located in Classrooms 2 and 3]

AFFILIATE PARTNER - NAMI Mercer NJ

NAMI New Jersey Affiliate Resources

NAMI Family-to-Family & BASICS

NAMI NJ Advocacy Network

NAMIWALKS RESOURCES

NAMI NJ Multicultural Programs:

AACT-NOW, CAMHOP, SAMHAJ, NAMI NJ en Español

Caregiver Study/Presented by Rutgers University

Mental Health Association of Essex County NJ