

**“Different”**

By Jennifer Manning

Stigmatizing, what you don't understand  
Labeling, me trying to stamp out a brand  
I have an illness, not a disease;  
Yet, you feel I'm contagious...get it together please!  
I am human and I stand strong  
You call me crazy but I assure you you're wrong.  
My heart pumps all the way through.  
I may be different but I am still a person just like you.  
I am unique in my own way.  
Rutgers University Behavioral Health Care helps me blossom every day.  
You can try to belittle me; I don't blame you.  
I'll just say your lack of knowledge makes you act the way you do.  
Being different is nothing to be ashamed of you see,  
It's exactly what makes you; you and exactly what makes me, me.  
I hope one day the world can see just how serious mental health can be.  
So the next time you call me crazy and throw a fit;  
Just take a look at yourself because I'm not crazy...  
I am just simply DIFFERENT!