Dr. Leon Rosenberg, Board Certified Psychiatrist, will speak at our Tuesday, September 26th NAMI meeting at Oaks Integrated Care 1409 King Highway Cherry Hill, NJ 6:30 PM

Dr. Rosenberg graduated from Harvard University with Honors in 1974 and received his Medical Degree from the State University of New York - Upstate Medical Center at Syracuse in 1978.

He completed a psychiatric internship at Long Island-Jewish Hillside Hospital in 1979, a psychiatric internship at the Hospital of the University of Pennsylvania in 1981, and he completed a child psychiatry fellowship at Hahnemann University Hospital in 1983.

Dr. Rosenberg has been in private practice psychiatry for over 30 years. He established the Center for Emotional Fitness in 1983 and is the President and Medical Director. He was named a South Jersey “Top Doc,” in 2009.

Dr. Rosenberg has been conducting clinical trials as a Principal Investigator since 1995 and has been the Principal Investigator in over one hundred and fifty clinical trials in all aspects of psychiatric research.

He conducts Phase II, III and IV clinical trials for the major pharmaceutical companies. Participation in clinical trials is open to all and completely confidential. There is no cost to patients or their health insurance. Patients are reimbursed for time and travel and there is no cost psychiatric evaluations for patients who may be interested in participating in clinical trials.

Family 2 Family Class

STARTS SEPTEMBER 18th
Oaks Integrated Care
1409 North Kings Highway
Cherry Hill, New Jersey
6:30-8:30 PM

The Family 2 Family Education Program is a free 12 week course for family caregivers of individuals with a mental illness. The course is taught by trained family members.

According to a National Institute of Mental Health funded study published in Psychiatric Services, a journal of the American Psychiatric Association, “this program significantly improves a family’s ability to cope with an ill relative’s mental disorder.”

The F2F course offers the following:

- Information about schizophrenia, major depression, bipolar disorder, panic disorder and obsessive compulsive disorder
- Coping skills...gaining empathy by understanding what a person with a mental illness experiences
- Problem solving and listening and communication skills
- Handling periods of crisis and relapse
- Care for the caregiver….coping with worry, stress and overload
- Information on locating appropriate supports and services for your family member
- You do not have to be a NAMI member to attend

Pre-registration is required. Call Rosemary at 856-424-4725, Vicki at 609-320-5882, or Amy at 856-261-0261.

Annual Meeting-November 15th

Amy White, M.S, Director of Crisis Services & Coordinated Specialty Care (CSC) Southern Region at Oaks Integrated Care will be our speaker at our Annual Meeting on Wednesday, November 15th from 6:30-8:00 PM.

Refreshments will be served. More information to follow.
President’s Message

Dear NAMI friends,

When I address you as NAMI friends I realize I am being redundant because the ami in NAMI is the French word meaning friend.

When two moms began NAMI back in 1977, they were simply two friends who met for lunch to discuss the challenges they shared in caring for their sons who each had the mental illness diagnosis of schizophrenia. Now, 40 years later, we caregivers meet twice a month at NAMI Camden County, Inc. to share our stories, our coping skills, our information, and our compassion with other people caring for their loved ones with mental illness.

For the last three months we have added a third NAMI Camden speaker support meeting where we invite a professional to talk to us about our current treatments for mental illness.

This “4th Tuesday” event begins at 6:30 pm and is offered at Oaks Integrated Care, 1409 N. Kings Highway, Cherry Hill. Call me for the next scheduled “4th Tuesday” event.

For the past several meetings we have been fortunate to have Psychiatric Mental Health Nurse Practitioner Veronica P. O’Connor with us to speak about mental illness medications and anxiety disorders.

I would encourage you to take an hour and a half from your Tuesday night schedule and join us for the next presentation. Both caregivers and peers are welcome to attend.

Rosemary

Our NAMI table displays are in demand at several fairs throughout our community. On Sunday, August 20, 2017 after the morning church services at the Bethany Baptist Church in Lindenwold, NJ, Margaret Jackson, April Jackson and Rosemary Canuso monitored the NAMI Camden display at the Way of Escape 7th Annual Family Affair Health Fair.

The NAMI affiliate women and Jacquese Armstrong and Barbara Stewart, representatives of NAMI New Jersey, supervised the table and offered information about NAMI Camden County support groups, the Family to Family class, the NAMI Signature programs, National Institute of Mental Health materials and the various providers of mental health services in the area. Members of the church and the local community participated.

On Saturday, September 16, from 10:00-1:00 PM, our NAMI affiliate will have a display table at the Cherry Hill Library, located at 1100 Kings Highway, Cherry Hill. Our affiliate members will offer materials and information to educate the public about mental illness and to direct them to local resources which provide services.

ANNUAL SENIOR CITIZEN’S FAIR

The Camden County Board of Freeholders will be sponsoring their ANNUAL SENIOR CITIZENS FAIR on Wednesday, September 27th from 10:00-2:00 PM at the Crown Plaza Hotel 2349 Marlton Pike (Route 70) Cherry Hill, New Jersey.

The Fair is designed to provide information on services available to seniors throughout the county. This event is also the kickoff for their annual free influenza immunizations. A box lunch will be served to those in attendance. Our NAMI affiliate will have an information table at the Fair. Stop by and say hello.

For additional information, call 856-229-2076
October 1-7 is Mental Health Awareness Week. 1-5 Americans will be affected by a mental health condition in their lifetime and every American is affected or impacted through their friends and family. Take action today to help others as we fight the stigma associated with mental illness; provide support; educate the public; and advocate for equal care. Each year the NAMI movement grows stronger!

There is a new program at Oaks Integrated Care called “Coordinated Specialty Care (CSC-Treatment for Young Adults Who Experience Early Onset Hallucinations/Delusions).”

The program provides in-home and in-community specialty care for individuals between the ages of 15-35 years old experiencing psychotic symptoms for less than two years.

The overall goal is to reduce the likelihood of long-term disability and help individuals lead productive, independent lives by providing the following services: psychiatric prescribing, case management, supported employment, peer and recovery supports, psycho-education, individual/family therapy and linkage to community resources.

For more information call James Castorina, Outreach and Recruitment Specialist at 856-428-1300 ext. 80405 or David Sauder.
Support Group Meetings

We are here for YOU!

Cherry Hill Location
1st Thursday of the Month
6:30 - 8:00 p.m. (note new time)
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