

## CONFERENCE HIGHLIGHTS

- ⇒ NAMI New Jersey, founded in 1985, is a statewide non-profit organization dedicated to improving the lives of individuals and families who are affected by mental illness through programs of support, education and advocacy
- ⇒ A featured keynote by Jay A. Tischfield, Ph.D., FACMG, head of the Human Genetics Institute of New Jersey, on the future of genetic research into understanding thought and mood disorders.
- ⇒ A discussion on the new DSM5 vs RDoC
- ⇒ A response to the White House's call to have a National Dialogue on Mental Health featuring inspiring personal stories that demonstrate the power of hope and resilience against stigma
- ⇒ A serious look at current issues relating healthcare reform and the wide array of options for those with mental health diagnoses and their loved ones.
- ⇒ A look at care and treatment across the lifespan to discuss treatments and resources for everyone, from children to seniors.
- ⇒ Workshops on system change, community supports, wellness and recovery, psychiatric rehabilitation supports, treatments and medications, and college age and children's mental health.

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Sponsorships can be mailed to:  
**NAMI New Jersey**  
 1562 Route 130  
 North Brunswick, NJ 08902

For more information, please contact  
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*Presents its 2013 Annual Conference*



**Saturday, December 14, 2013**

**Crowne Plaza Monroe, Jamesburg, NJ**

# SPONSORSHIP INFORMATION BROCHURE

## SPONSORSHIP INFORMATION

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## AGENDA

8:30 AM	<b>REGISTRATION AND COFFEE</b>
9:30 AM	<b>WELCOME</b> – Mark Perrin, M.D., <i>NAMI NJ President</i> Sylvia Axelrod, M.A., <i>NAMI NJ Executive Director</i>
10:00 AM	<b>OPENING REMARKS</b> Lynn Kovich, M.Ed., <i>Assistant Commissioner, Division of Mental Health &amp; Addictions Services</i>
10:15 AM	<b>DSM5 AND RDoC:</b> Perspectives on Diagnosis and Treatment Steven M. Silverstein, Ph.D., <i>Dir. of Research, Rutgers UBHC; Prof. of Psychiatry, RWJ Medical School</i> ; Robert Stern, M.D., <i>Director of Treatment Programs, Essex County Hospital Center &amp; Institute for Mental Health Policy, Research and Treatment, Assoc. Clin. Professor, RWJ Medical School</i>
10:45 AM	<b>KEYNOTE ADDRESS</b> Jay A. Tischfield, Ph.D., FFACMG, <i>Duncan and Nancy MacMillan Distinguished Prof of Genetics, Prof of Pediatrics and Psychiatry, RWJ Medical School, Scientific Director &amp; CEO, RUCDR, Executive Director, Human Genetics Institute of New Jersey</i>
12:00 PM	<b>LUNCH</b> (Buffet) / Book Signing/Sales/Displays
1:00PM	<b>LUNCHEON PANEL – Expressive Arts and Recovery</b> <i>Jacquese Armstrong, Jason Insalaco, Pearl Park; Mike Veny, William Barbee; Moderator: Celina Grey</i>
2:00 PM	<b>CONCURRENT WORKSHOPS</b>
3:30 PM	<b>ADJOURNMENT</b>

## AFTERNOON CONCURRENT WORKSHOP TOPICS

- 1. Finding Success Through High School and Beyond:** Discussing Effective Services, Supports, Programs, Activities and Resources for Children and Young Adults in School and College  
*Lorrie Bauman, Director, NAMI NJ School Programs; Judy Thompson, PhD, Assistant Professor Department of Psychiatric Rehabilitation School of Health Related Professions Rutgers*
- 2. Aging Well: Mental Health Among Seniors**  
*Dale L. Ofei-Ayisi, MA, LCSW, Coordinator of Community Services; COPSA Geriatric Services, Rutgers; Michelle Zechner, MSW, LSW, CPRP, Associate Professor, Psychiatric Rehabilitation Department, Rutgers School for Health Related Professions*
- 3. Training the Judiciary on Mental Illness**  
*Phil Lubitz, MSW, Associate Director, NAMI NJ*
- 4. Cognitive Behavioral Therapy: How it Helps Depression & Anxiety**  
*Seth Gillihan, Psy.D., Psychologist*
- 5. Staying Healthy: NAMI Hearts & Minds and More**  
*Kristen Heckerroth & Neha Mehta, Hearts & Minds; Jill Williams, MD, Associate Professor of Psychiatry and Director of the Division of Addiction Psychiatry, Robert Wood Johnson Medical School; Meena Murthy, MD, CARE Center, St. Peters; Megan Maroney, PharmD, Clinical Assistant Professor, Rutgers*
- 6. Ask the Doctor**  
*Robert Stern, M.D., Director of Treatment Programs, Essex County Hospital Center & Institute for Mental Health Policy, Research and Treatment, Associate Clinical Professor, Robert Wood Johnson Medical School*
- 7. The Affordable Health Care Act and its Impact on New Jersey**  
*Maura Collinsgru, Health Policy Advocate, New Jersey Citizen Action*
- 8. Next Generation Therapies**  
*Tricia Baker, A.I.R.; Mei T. Liu, PharmD, BCPP, Clinical Assistant Professor, Rutgers; Laurie Landy, OTR/L; Moderator: Donald A. Rauh, MD, PhD*