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QUEREMOS SABER

SATURDAY, OCTOBER 3, 2009

8:00 AM - 5:00 PM



NAMI NJ en Español Conference

MENTAL HEALTH IN THE LATINO COMMUNITY

St. Mary & St. Peter Catholic Academy
165 Somerset Street, New Brunswick, NJ 08901

AGENDA



- 8:00 AM REGISTRATION AND CONTINENTAL BREAKFAST
- 9:00 AM WELCOME
Sylvia Axelrod, Executive Director, NAMI NJ
Martha Silva, Director, NAMI NJ en Español
- 9:15 AM KEYNOTE ADDRESS:
LIVING IN THE UNITED STATES: MAINTAINING OUR MENTAL HEALTH
Carlos A. Cordero, MSW, LCSW, Director of Social Services, Eric B. Chandler Health Center
- 9:45 AM MAJOR DEPRESSION, ANXIETY, POST TRAUMATIC STRESS DISORDER
Dr. Humberto Marin, Psychiatrist, UMDNJ-UBHC
- 11:00 AM BREAK
- 11:15 AM COMMON ATTITUDES IN THE LATINO COMMUNITY: USE OF MEDICATIONS
Enid Morales, Pharm. D., BCPS, Clinical Associate Professor, Rutgers University
- 12:15 AM LUNCH - NETWORKING SESSION AND RESOURCES
- 1:30 PM CONCURRENT WORKSHOPS (listing on next page)
- 2:45 PM LIGHT SNACKS
- 3:15PM SHARING OUR STORIES / Consumer and family panel
Moderators: Mariam Merced, Director of Community Health Promotion Program, RWJUH;
Carlos Cordero, MSW, LCSW, Director of Social Services, Eric B. Chandler Health Center
- 4:00 PM CELEBRATION: "AMAR LA BOMBA" by Afro Caribbean Dance Group
- 5:00 PM CLOSING REMARKS

NAMI NJ en Español Conference - October 3, 2009
REGISTRATION FORM

QUEREMOS SABER -SALUD MENTAL EN LA
COMUNIDAD LATINA

Mail registration with payment by **September 24, 2009** to NAMI NJ en Español Conference, 1562 Route 130, North Brunswick, NJ 08902

Name _____

Address _____

Phone _____

Email _____

Affiliation _____

Limited income scholarships are available. Please contact
Martha Silva at 1-888-803-3413
Email: naminjenespanol@msn.com

Registration fee: (Includes Continental Breakfast and Luncheon)

New Brunswick resident	_____	\$5.00
Non-resident	_____	\$10.00
Professional	_____	\$25.00
Consumer	_____	\$5.00

Enclosed is my donation to help sponsor scholarships or future events \$ _____

AMOUNT ENCLOSED \$ _____

AFTERNOON CONCURRENT WORKSHOPS (1:30 PM)

1. UNDERSTANDING CHILDHOOD MENTAL HEALTH ISSUES: ADHD-Anxiety-Autism
Francisco Ortiz, MA, LPC-Child Therapist, UMDNJ - New Brunswick Campus

2. MENTAL HEALTH CONCERNS IN THE LATINO SENIOR COMMUNITY
Dr. Manuel Sanchez, Psychiatrist, UMDNJ-UBHC

3. WHAT IS BIPOLAR DISORDER AND ITS COMPLICATIONS
Dr. Debra Ocasio, Psychiatrist, UMDNJ-UBHC

4. ASK THE MENTAL HEALTH PROFESSIONALS
Dr. Humberto Marin, Psychiatrist, UMDNJ-UBHC;
Dr. Maria Rueda-Lara, Assistant Professor of Psychiatry, RWJ University Hospital;
Ingrid Diaz, MA, MSW, LCSW, UMDNJ-UBHC

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DIRECTIONS:

From New Jersey Turnpike: Take Exit 9 (New Brunswick) and proceed on Route 18 North about two miles to Route 27 South, to the fourth traffic light (by the railroad station). Turn right onto Easton Avenue, make a left at the next light onto Somerset Street. Proceed about 600 feet to the academy, on your right.

From Route 1: Take Route 18 North and follow above directions.

From Route 287: Exit onto Route 527 (New Brunswick Exit). Follow Route 527 (Easton Avenue) for about six miles. Turn right onto Somerset Street. Proceed about 600 feet to the academy, on your right.

From Garden State Parkway (From Points North): Exit at Route 1 South (Exit 130). Proceed about nine miles to Route 18 North. Follow directions above.

From Garden State Parkway (From Points South): Exit onto New Jersey Turnpike South. Follow directions above.

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NAMI NEW JERSEY

A statewide nonprofit organization dedicated to improving the lives of individuals and families who are affected by mental illness

WITH SUPPORT FROM:

**Rutgers Community Health Foundation &
New Jersey Division of Mental Health Services**

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PARTIAL LISTING OF STEERING COMMITTEE:

RWJMS-Eric B. Chandler Health Center

Healthier New Brunswick 2010

Puerto Rican Action Board, Inc- Family Success Ctr.

UMDNJ-University Behavioral HealthCare

LCS Worldwide Multicultural Marketing Communications

RWJUH-Community Health Promotion Program