

# CASUAL OUTING CLUB WINTER 2012

Hold on to this calendar! Pay *special* attention to dates, times, locations

The **CASUAL OUTING CLUB** is a program of the Middlesex County Affiliate of the National Alliance on Mental Illness (NAMI-Middlesex) in cooperation with Laurel House. It provides social gatherings for adults who are interested in activities outside their homes. Questions? Call Esther Bergknoff, 732-715-8477, ebergknoff@hotmail.com

## MEETING LOCATIONS

### THE REFORMED CHURCH OF HIGHLAND PARK

19 South Second Ave, Highland Park, NJ 08904. Use the front or back entrance and go down the stairs to the lower-level recreation room, unless another room is specified. Use NJ Transit Bus Route #814.

### LAUREL HOUSE

(home to a structured, job-oriented day program) 316 Livingston Ave., New Brunswick, NJ 08904. Corner of Lawrence Ave. Use NJ Transit Bus Route #814.

JANUARY	FEBRUARY	MARCH
<p><b>Monday, January 9 LAUREL HOUSE 6 to 8 PM</b></p> <p>Come and enjoy a surprise movie night.</p> <p>Homemade chili will be served for dinner.</p>	<p><b>Monday, Feb. 13 LAUREL HOUSE 6 to 8 PM</b></p> <p>We will partake in seasonal arts and crafts and dine on subs.</p>	<p><b>Monday, March 12 LAUREL HOUSE 6 to 8PM</b></p> <p>St. Patrick's Day feast for all.</p> <p>Board games for some extra fun.</p>
<p><b>Monday, January 23 REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>"Sunsweet Mystery" will perform their music for us and we will share some pizzas.</p>	<p><b>Monday, Feb. 27 REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>Back to back BINGO games until everyone's a winner. Pizza for everyone too.</p>	<p><b>Monday, March 26 REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>Meet in the first floor parlor.</p> <p>Enjoy the movie "Dolphin Tale" together while eating pizza.</p>

**JOIN NAMI** Families can get all the benefits and show their support for this and other programs of NAMI-Middlesex by joining for \$35 per year, which includes the club participant. Individual participants can join NAMI for \$3 per year.