

# CASUAL OUTING CLUB SPRING 2011

Hold on to this calendar! Pay special attention to dates, times, locations

The **CASUAL OUTING CLUB** is a program of the Middlesex County Affiliate of the National Alliance on Mental Illness (NAMI-Middlesex) in cooperation with Laurel House. It provides social gatherings for adults who are interested in activities outside their homes. Questions? Call Esther Bergknoff, 732-715-8477, [ebergknoff@hotmail.com](mailto:ebergknoff@hotmail.com)

## MEETING LOCATIONS

### THE REFORMED CHURCH OF HIGHLAND PARK

19 South Second Ave., Highland Park, NJ 08904  
Use the front or back entrance and go down the stairs to the lower-level recreation room, unless another room is specified. Use NJ Transit Bus Route #814.

### LAUREL HOUSE

(home to a structured, job-oriented, day program)  
316 Livingston Ave., New Brunswick, NJ 08904  
Corner of Lawrence Ave. Use NJ Transit Bus Route #814.

## RESERVE YOUR VAN SEAT EARLY

Reservations are first come, first served!

APRIL	MAY	JUNE
<p><b>Monday, April 4, LAUREL HOUSE 5:30 to 7:30 PM</b></p> <p>Welcome spring by decorating flowerpots and planting seeds. Dine together on delectable subs.</p>	<p><b>Monday, May 9, REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>Enjoy a game of charades and Pictionary and share pizza together.</p>	<p><b>Sunday, June 12, POINT PLEASANT BEACH TRIP*</b></p> <p>To reserve a seat on the Laurel House van, call 732-246-0028 by <b>June 1</b>. Pick Up/Drop Offs: At Laurel House, Noon/5:15 pm. At Reformed Church, 12:15/5:00 pm.</p>
<p><b>Monday, April 25, REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>Join in the friendly competition with our new bowling set. Enjoy pizza together.</p>	<p><b>Monday, May 23, LAUREL HOUSE 6:00 to 8:00 PM</b></p> <p>Meet for a picnic! To reserve a seat on the Laurel House van, call 732-246-0028 by <b>May 15</b>. Pick Up/Drop Off: Reformed Church, 5:30/8:15 pm.</p>	<p><b>Monday, June 27, REFORMED CHURCH 6:30 to 8:30 PM</b></p> <p>Meet in the first floor parlor and watch a movie, "Meet the Fokkers." Enjoy pizza together.</p>

**\* Beach Trip is pay-as-you-go, so bring spending money!**

**JOIN NAMI** Families can get all the benefits and show their support for this and other programs of NAMI-Middlesex by joining for \$35 per year, which includes the club participant. Individual participants can join NAMI for \$3 per year.